

ART/MUSIC/GYM Assignments for students in PK-5

B	I	N	G	O
Play 10 games of Rock/Paper/Scissors with your family	Sing your favorite song to your family	Play "Simon Says" with someone in your house for 5 minutes.	Teach 5 different exercises or movements of your choice to an adult or sibling.	Draw a rabbit
Draw a flower	Take a walk around the block or property with an adult.	Play air guitar to a rock song	Draw a fish	Play Freeze dance with your family
Look up and exercise to one go noodle video with an adult	Draw a heart	FREE SPACE	Listen to your favorite song and dance along	Look up and exercise to one brain break with an adult
Draw a bunny	Sing and make up your own dance moves to Twinkle Twinkle Little Star	Draw a landscape	Complete 40 Burpees (does not have to be all at once).	Play air drums to a rock song
Use a balloon and tap it back and forth around the room without letting it hit the floor. (5 minutes)	Draw a dog	If you have a small container and rice you can make a shaker	Draw a turtle	Underhand toss and catch a small ball without dropping it 25 times.

1. Cross off each square when you complete an activity
2. The goal is to complete the entire board by April 1st.
3. If you bring the completed board in when we resume classes you will get a prize!

4th and 5th grade students will have other music assignments to complete for Ms. Hotz.