

Centerville Public Schools

Pre-K Daily Routine

Here is a suggested daily routine that is a modified version of our daily routine at school.

8:00 – 8:30 a.m.

- Breakfast
- Get ready for the day

8:30 – 8:45 a.m.

- Wake up your brain
 - Do an exercise! At school, we use GoNoodle:
 - <https://www.gonoodle.com/>

8:45 – 9:00 a.m.

- Circle
 - At school, we dress Mr. Frog for the weather, we do the calendar, and we count how many days we have been in school.
 - Here are some suggested links to practice these concepts:
 - Dress for the Season:
 - <http://d3tt741pwxqwm0.cloudfront.net/KET/evlearnket/Dress-For-The-Season/index.html>
 - Calendar in Starfall:
 - <https://www.starfall.com/h/holiday/calendar/?sn=main>
 - Choose a counting activity on one of the links posted on the school website

9:00 – 9:30 a.m.

- Reading/Literacy
 - Sing a song (any song!)
 - Here is a link to a video with numerous songs

- <https://www.youtube.com/watch?v=Q-ORH9MbVto&t=217s>
- Read a book (any book!)
 - While you read, discuss the front cover, back cover, author, illustrator, characters, etc.
- Review capital and lowercase letters and their sounds
 - Here are some suggested links:
 - Alphafriends Song:
 - https://www.youtube.com/watch?v=2_cX4j_9fUU
 - ABCs in Sign Language:
 - https://www.youtube.com/watch?v=9M1ky9_nm4Y
 - Capital Letters Alphabet Workout:
 - <https://www.youtube.com/watch?v=SE-ljfAmZis>
 - Lowercase Letters Alphabet Workout:
 - <https://www.youtube.com/watch?v=cRrYgWH8ffw>
 - Choose a letter activity on one of the links posted on the school website

9:30 – 9:45 a.m.

- Journal
 - Have your child write or draw a picture and then dictate their words to you; they get to choose what they want!
 - Please make sure to guide your child as they practice writing and please check their pencil grip! 😊 Refer to the attached link:
 - https://www.lwtears.com/sites/default/files/English_print_letterCharts.pdf

9:45 – 10:15 a.m.

- Recess

10:15 – 10:30 a.m.

- Snack

10:30 – 11:00 a.m.

- Fine Motor Activities

- Play-Doh, board games, string beads or fruit loops, build with blocks, pick up things around the house with kitchen tongs, cut paper, paint, color, sew, or any activities that require your child to use their hands

- Handwriting

- Guide your child as they practice writing their name, letters, numbers, family names, friends' name, pet names, anything! 😊 Please refer to the attached link and please check your child's pencil grip:

- https://www.lwtears.com/sites/default/files/English_print_letterCharts.pdf

11:00 – 11:30 a.m.

- Math

- **Please remember, we will be starting up where these lessons leave off, so it is important that you teach your child the given lesson on the correct day. I modify the lessons based on your child's ability. If your child is struggling, slow down and break it down more. If your child understands it, challenge them and make it harder.**
- Click the link and teach the math lesson for the appropriate day. Please just use whatever items you have available at your home.

- Tuesday, March 17th: [lesson-28.pdf](#)

- Your child can use their hands instead of drumsticks. Instead of a tower they can use toys (5 of one color and 4 of another). Your child can use beans or snacks or something resembling a seed if you do not have seeds.
- Wednesday, March 18th: [lesson-30.pdf](#)
 - Your child can use stuffed animals and real snacks or play kitchen snacks instead of bee stickers or flowers. When your child makes the 5th tally mark, they can either make it slide from the right or the left. At school, we have practiced starting where the 5th line would go and then sliding back to the beginning (bottom left) |||, but we are transitioning into the 5th tally mark starting at the beginning and sliding to the bottom right |||.
- Thursday, March 19th: [lesson-31.pdf](#)
 - Your child can use toys (5 of one color and 4 of another) instead of loose cubes. We just use pieces of paper (or square toys) instead of bread, but if you have 5 sandwiches to make today, this would be a great time to make them! 😊 You can use real orange slices, pretend orange slices, or any other real or pretend snack.
- Monday, March 23rd: [lesson-32.pdf](#)
 - Set up a pretend creek area (or area that needs to be crossed) with toys. Use toys or whatever you have to make the rocks to cross the area.
- Tuesday, March 24th: [lesson-33.pdf](#)
 - Your child can use real plates or pretend plates. Your child can use toys (5 of one color and 5 of another color) instead of loose cubes. You and your

child can make or draw 2 nests instead of using the problem set.

- Wednesday, March 25th: [lesson-36%20\(1\).pdf](#)
 - If you don't have beans, your child can use anything small that resembles a bean. If your child doesn't have dinosaur toys, your child can use any toy they have 10 of. Your child can also set up a "school area" and an "outdoor area" instead of using the decomposition mat.
- Thursday, March 26th: [lesson-38.pdf](#)
 - Your child can use toys (5 of one color and 5 of another color) instead of loose cubes. If you don't have seeds, your child can use something small, resembling a seed.

11:30 a.m. – 12:00 p.m.

- Lunch

12:00 – 12:30 p.m.

- Recess

12:30 – 1:00 p.m.

- Quiet Time/Calm Bodies
 - Read books independently, color, puzzles, write, fine motor activities, etc.

1:00 – 1:30 p.m.

- Specials
 - Monday: Art
 - Tuesday: P.E.
 - Wednesday: Library
 - Thursday: Music & P.E.

1:30 – 2:00 p.m.

- Online Activity
 - Choose an educational online activity on one of the links posted on the school website

2:00 – 2:30 p.m.

- Recess

2:30 – 3:00 p.m.

- Snack
- Rest Time

3:00 – 4:00 p.m.

- Free Choice

****Please save and return any work that can be sent back to school!
I would love to see what everyone worked on while school was closed.
Thank you!****

Feel free to contact me via email if you have any questions:
skyeb@centerville.k12.mt.us.